

Gloucestershire Health and Community Wellbeing Partnership Partnership Board Meeting

Tuesday 2nd June, 2.30 – 4.30pm Oxstalls Indoor Tennis Centre, Gloucester

Progress Report – Healthy Gloucestershire

Priority card: **Reducing Obesity**

Champion: **Adrian Jevans & Rhiannon Herbert**

Sponsor: **Carole Topple**



**Gloucestershire
Conference**

		Comments
<p>1. Progress to date: Key Objectives agreed and delivery plan completed Delivery group established with clear terms of reference, and accountability</p>	<p>Health in Balance – Tackling Overweight & Obesity in Gloucestershire 2007-2017</p> <p>Implementation Plan</p> <p>Strategic Group</p> <p>Implementation Group</p> <p>Activity Mapping</p>	<p>Original strategy developed in 2006. Refreshed in 2008 after Health Weight Healthy Lives.</p> <p>Original action plan 2006, refreshed in 2008. Complete redraft current post pathways and Gap analysis.</p> <p>Formed Feb 2009, due to the need for more strategic direction to the implementation group, TOR agreed.</p> <p>Developed from the original steering group that developed the strategy. A mixture of commissioning, deliverers and interested parties. No TOR. The strategic group are looking into the membership and TOR for the group for the future.</p> <p>Mapped in 2008 and updated quarterly.</p>
<p>2. SMART targets set</p>	<p>None</p>	<p>Measures and targets are being discussed by the strategic group</p>
<p>3. Detail the level of engagement and any groups that link with the priority area</p>	<p>Healthy Workplace</p> <p>Active Aging</p>	<p>Some – mainly due to relationship with Sponsor</p> <p>Little – oversight in consideration</p>

<p>4. What will be achieved by 31st March 2010?</p>	<ul style="list-style-type: none"> • Clearer targets • Clear infrastructure • Redrafted Implementation plan 	
<p>5. What are the issues that the Board needs to consider? Issues you may consider are: Advocacy Promoting best practice Resource issues</p>	<p>Target Culture</p> <p>Importance of prevention</p> <p>Long term programmes of engagement not short term interventions</p> <p>More of what works</p>	<p>Trapped in a culture where we often 'Hit the Target – Miss the Point'</p> <p>Need to get much better prevention methods in place, targeting the average person who is not yet overweight or obese.</p> <p>Need to talk about excess fat and fitness not overweight and obesity.</p> <p>Less gastric bands – but move the money to prevention</p> <p>Need to focus more on long term programmes that combine diet, exercise and behaviour change</p> <p>We need to get on and do what works, not keeping trying to come up with something new</p>

Date completed: 2nd June 2009